



in association with



# Seven Stiles Fun Runs

10:15 am (1 Mile Junior Race), 11:00 am (4 mile)

Sunday 19<sup>th</sup> July 2026

- Course: A four mile run, starting and finishing at Henfield Leisure Centre. Mainly flat country footpaths along the river and old railway line. Minimum age: 16 years
- Juniors: Approx. one mile course starting and finishing at the Leisure Centre. Medals to JUNIOR finishers.
- Entry Fee: Adults: £5 for members of the Trail Running Association, or England Athletics affiliated clubs or WSFRL Clubs; £7 for non-affiliated. All Juniors (Under 16) £1
- Facilities: Changing rooms and showers available. Cakes and coffee will be on sale. NOTE: Car Parking is VERY limited. Please park in the main village Car Parks (Sainsburys & The Library) from where it's a 10 minute walk
- Entries: **Email entry form to: [sevenstiles@henfieldjoggers.co.uk](mailto:sevenstiles@henfieldjoggers.co.uk) and pay online**  
 BACS to: 10733817; Sort: 53 50 39. Reference must be your name.  
 Please collect your prebooked number at Race HQ (inside Leisure Centre) on the day  
 Athletes with disabilities wishing to enter the event are advised to discuss their entry with us first
- Results: Will be available at [www.wsfrl.co.uk](http://www.wsfrl.co.uk)

## Entry Form - Please complete using Block Capitals

Delete as applicable: **4 mile course/Junior course**

Delete as applicable: **Male/Female/Junior (Under 16)**

Age on Race Day: .....

Surname: ..... First Name: ..... Title: .....

Address: .....

..... Post code: .....

Phone No: ..... Email address: .....

West Sussex Fun Run League Club/Other Club: .....

The Race will be run under England Athletics rules. Running with dogs is not permitted, headphones including bone conductors may not be used.

By signing this form, I agree that:

i) The organisers of this event shall not be liable for any accident, injury, loss or damage arising from my participation in this event.

ii) Henfield Joggers will publish my Personal Information as part of the results of this event and may pass such information to the administrators of the West Sussex Fun Run League, to athletics governing bodies or to any affiliated organisation for the purpose of insurance, licensing, or for publishing results (either for the event alone or combined with or compared to other events). Results may include (but not be limited to) name, gender, any club affiliation, race times, and age category, and these details will be passed on to other clubs in the West Sussex Fun Run League and be published on websites (including, without limitation, Henfield Joggers, West Sussex Fun Run League and Sussex Races).

Signed: ..... Date: .....

Signature of parent, if runner under 16