

Position	Time	Number	First Name	Surname	Gender	Gen. Posn.	Club
1	23:17	230	Ewan	Dunlop	M	1	Steyning AC
2	23:50	29	Stewart	Gregory	M	2	Portslade Hedgehoppers
3	23:56	192	Chris	Gilbert	M	3	Lewes AC
4	24:12	59	Paul	Cousins	M	4	Haywards Heath Harriers
5	24:24	284	Paul	Sargent	M	5	Burgess Hill Runners
6	24:43	419	John	Leonard	M	6	Chichester Runners
7	24:46	121	Thomas	Caffyn	M	7	Arunners
8	24:46	120	Michael	Caffyn	M	8	Arunners
9	25:02	24	Simon	Coppard	M	9	Portslade Hedgehoppers
10	25:04	202	Jonathan	Burrell	M	10	Lewes AC
11	25:21	294	Gary	Woolven	M	11	Burgess Hill Runners
12	25:26	136	Paul	Tulley	M	12	Arunners
13	25:26	339	Henry	Teague-Smith	M	13	Worthing Harriers
14	25:40	330	James	Lewis	M	14	Hove Hornets
15	25:43	191	Chris	Coffey	M	15	Lewes AC
16	25:49	143	Jon	Bowditch	M	16	Arena 80 AC
17	25:52	440	Adrian	Scott	M	17	Steyning AC
18	25:52	58	Barry	Tullett	M	18	Haywards Heath Harriers
19	25:54	386	Ben	Stock	M	19	Saints and Sinners
20	25:57	323	Jan	Kandiyali	M	20	Hove Hornets
21	25:57	264	Steve	Bird	M	21	Burgess Hill Runners
22	25:59	288	James	Sorbie	M	22	Burgess Hill Runners
23	26:01	45	John	Russell	M	23	Portslade Hedgehoppers
24	26:03	186	Colin	Bennett	M	24	Lewes AC
25	26:06	66	Jack	Chivers	M	25	Haywards Heath Harriers
26	26:12	340	Cameron	McLatchie	M	26	Worthing Harriers
27	26:24	173	Michael	Jones	M	27	Goring Road Runners
28	26:27	356	Dave	Cook	M	28	Saints and Sinners
29	26:36	328	Mark	Betts	M	29	Hove Hornets
30	26:37	132	Chris	Rowe	M	30	Arunners
31	26:41	430	Harry	Wilcox	M	31	Horsham Joggers
32	26:43	403	Keith	Akerman	M	32	Chichester Runners
33	26:44	43	Alex	Rawlinson	M	33	Portslade Hedgehoppers
34	26:44	299	Robin	Charnock	M	34	Arunners
35	26:45	428	Gareth	Williams	M	35	Arena 80 AC
36	26:46	344	Kevin	Meegan	M	36	Unattached
37	26:47	204	Lara	Barazzuol	F	1	Lewes AC
38	26:50	300	Andy	Stadden	M	37	Arunners
39	26:59	225	Lee	Oxley	M	38	Steyning AC
40	27:09	31	John	Harding	M	39	Portslade Hedgehoppers
41	27:12	36	David	Jones	M	40	Portslade Hedgehoppers
42	27:16	117	Stuart	Bellis	M	41	Arunners
43	27:20	154	Simon	Thraves	M	42	Fittleworth Flyers
44	27:27	200	Ian	Fines	M	43	Lewes AC
45	27:32	394	Tim	Winkley	M	44	Saints and Sinners
46	27:35	388	James	Tombs	M	45	Saints and Sinners
47	27:36	57	Julian	Boyer	M	46	Haywards Heath Harriers

48	27:45	187	Andrew	Chitty	M	47	Lewes AC
49	27:48	188	Andy	Bradbury	M	48	Lewes AC
50	27:50	222	Nick	Palmer	M	49	Chichester Runners
51	27:59	77	Steve	Thomas	M	50	Lancing Eagles
52	28:00	95	Dan	Salter	M	51	Lancing Eagles
53	28:01	407	Adam	Booth	M	52	Unattached
54	28:04	125	Dan	Earle	M	53	Arunners
55	28:06	147	Steve	Kavanagh	M	54	Fittleworth Flyers
56	28:09	349	Steve	Baker	M	55	Saints and Sinners
57	28:09	279	Glyn	Merritt	M	56	Burgess Hill Runners
58	28:21	209	Simon	Roberts	M	57	Lewes AC
59	28:22	134	Daren	Stemp	M	58	Arunners
60	28:26	71	Darja	Knotkova-Hanley	F	2	Haywards Heath Harriers
61	28:30	405	William	Arbury	M	59	Epsom and Ewell Harriers
62	28:33	417	Lucy	Thraves	F	3	Unattached
63	28:36	423	James	Jeffery	M	60	Unattached
64	28:42	366	Darren	Hunt	M	61	Saints and Sinners
65	28:42	245	Sharona	Harrington	F	4	Burgess Hill Runners
66	28:44	119	Tim	Boone	M	62	Arunners
67	28:47	332	David	Blake	M	63	Worthing Harriers
68	28:56	378	Dave	Penfold	M	64	Saints and Sinners
69	29:00	197	Emmanuel	Mamatzakis	M	65	Lewes AC
70	29:04	290	Trevor	Symes	M	66	Burgess Hill Runners
71	29:06	165	Reg	Shirley	M	67	Goring Road Runners
72	29:14	451	Julian	Hollingdale	M	68	Arena 80 AC
73	29:17	35	Dennis	Jenkins	M	69	Portslade Hedgehoppers
74	29:18	268	Stuart	Condie	M	70	Burgess Hill Runners
75	29:19	205	Luke	Bonnici	M	71	Lewes AC
76	29:19	201	Ian	Hilder	M	72	Lewes AC
77	29:20	30	Richard	Guest	M	73	Portslade Hedgehoppers
78	29:21	276	Jonathan	Herbert	M	74	Burgess Hill Runners
79	29:26	312	Jake	Fletcher	M	75	Hove Hornets
80	29:35	285	Andy	Sayers	M	76	Burgess Hill Runners
81	29:36	133	Derek	Sadler	M	77	Arunners
82	29:41	219	Colin	Harley	M	78	Chichester Runners
83	29:42	16	Richard	Harwood	M	79	Unattached
84	29:42	301	Neil	Tulley	M	80	Arunners
85	29:47	217	Liz	Claridge	F	5	Chichester Runners
86	29:57	63	Rod	Catton	M	81	Haywards Heath Harriers
87	30:02	194	David	Foster	M	82	Lewes AC
88	30:05	130	Stevie	Donoghue	M	83	Arunners
89	30:07	331	Diarmuid	O'Hare	M	84	Hove Hornets
90	30:09	196	Dominic	Osman-Allu	M	85	Lewes AC
91	30:12	76	Jed	Dickerson	M	86	Lancing Eagles
92	30:12	400	Mark	Halls	M	87	Southwick Strollers
93	30:15	380	Martin	Presland	M	88	Saints and Sinners
94	30:19	199	Gerard	Dummett	M	89	Lewes AC
95	30:28	21	Judith	Carder	F	6	Portslade Hedgehoppers
96	30:32	64	Tj	Watson	M	90	Haywards Heath Harriers
97	30:33	142	Bryan	Tiller	M	91	Haywards Heath Harriers

98	30:33	34	Jenny	Hughes	F	7	Portslade Hedgehoppers
99	30:36	8	Rachel	Boxall	F	8	Hove Hornets
100	30:36	218	Tony	Cooley	M	92	Chichester Runners
101	30:49	146	Tony	Gascoyne	M	93	Fittleworth Flyers
102	30:50	107	Scott	Chinchen	F	9	Arunners
103	30:51	33	Nic Holas	Holland	M	94	Portslade Hedgehoppers
104	30:51	118	Damon	Block	M	95	Arunners
105	30:51	369	Dave	Lague	M	96	Saints and Sinners
106	30:56	78	John	Hardy	M	97	Lancing Eagles
107	31:08	15	Lucy	Egan	F	10	Hove Hornets
108	31:10	185	Aaron	Barnard	M	98	Lewes AC
109	31:11	115	Mandy	Tulley	F	11	Arunners
110	31:12	183	Bob	Page	M	99	Portslade Hedgehoppers
111	31:17	28	Steve	Eke	M	100	Portslade Hedgehoppers
112	31:20	211	Peter	Thomas	M	101	Henfield Joggers
113	31:22	437	S	Chinders	M	102	Steyning AC
114	31:23	316	Georgia	Flowers	F	12	Hove Hornets
115	31:28	408	Lorraine	Treadwell	F	13	Horsham Joggers
116	31:30	72	Abigail	Redd	F	14	Haywards Heath Harriers
117	31:31	309	Bobby	Searle	F	15	Hove Hornets
118	31:31	315	Lizz	Payne	F	16	Hove Hornets
119	31:31	263	Daniel	Belton	M	103	Burgess Hill Runners
120	31:34	319	Graham	Poulton	M	104	Hove Hornets
121	31:34	228	John	Killick	M	105	Steyning AC
122	31:37	171	Ryan	Gregory	M	106	Goring Road Runners
123	31:38	348	Nick	Baker	M	107	Saints and Sinners
124	31:38	92	Richard	Gray	M	108	Lancing Eagles
125	31:38	409	Steve	Harrington	M	109	Lancing Eagles
126	31:53	5	James	Boniface	M	110	Horsham Joggers
127	31:55	337	Janice	Lockyer	F	17	Worthing Harriers
128	31:57	271	Neil	Dawson	M	111	Burgess Hill Runners
129	32:00	81	Sarah	Kennett	F	18	Lancing Eagles
130	32:03	23	Robert	Clarke	M	112	Portslade Hedgehoppers
131	32:04	286	Martin	Skeats	M	113	Burgess Hill Runners
132	32:04	221	Kevin	Lockyear	M	114	Chichester Runners
133	32:04	280	John	Palmer	M	115	Burgess Hill Runners
134	32:04	281	Andrew	Pullen	M	116	Burgess Hill Runners
135	32:04	195	Dinah	Godfree	F	19	Lewes AC
136	32:04	198	Geoff	Watson	M	117	Lewes AC
137	32:11	223	Steve	Searle	M	118	Chichester Runners
138	32:14	398	Louise	Bond	F	20	Steyning AC
139	32:17	258	Gayle	Tyler	F	21	Burgess Hill Runners
140	32:17	318	Oliver	Pendlington	M	119	Hove Hornets
141	32:18	329	Laura	Lewis	F	22	Hove Hornets
142	32:18	220	Jan	Hill	M	120	Chichester Runners
143	32:18	174	Dan	Suttle	M	121	Goring Road Runners
144	32:25	73	Carl	Bicknell	M	122	Haywards Heath Harriers
145	32:28	236	Emma	Buckland	F	23	Burgess Hill Runners
146	32:31	347	Rebecca	Arthur	F	24	Saints and Sinners
147	32:31	247	Annette	Maynard	F	25	Burgess Hill Runners

148	32:34	190	Bob	Hughes	M	123	Lewes AC
149	32:38	206	Mick	Acott	M	124	Lewes AC
150	32:38	381	Aisling	Price	F	26	Saints and Sinners
151	32:41	123	Tim	Critchfield	M	125	Arunners
152	32:46	232	Flic	Archer	F	27	Burgess Hill Runners
153	32:48	22	Tim	Carder	M	126	Portslade Hedgehoppers
154	32:50	214	Tracy	Lockyear	F	28	Chichester Runners
155	32:53	274	Andy	Gasson	M	127	Burgess Hill Runners
156	32:54	406	Jo	Jones	M	128	Goring Road Runners
157	33:03	44	Paul	Rawlinson	M	129	Portslade Hedgehoppers
158	33:05	314	Andrew	Newby	M	130	Hove Hornets
159	33:16	269	Mark	Craigs	M	131	Burgess Hill Runners
160	33:20	167	Huw	Jones	M	132	Goring Road Runners
161	33:21	182	Gill	Cammack	F	29	Portslade Hedgehoppers
162	33:23	55	Eddie	Winter	M	133	Arena 80 AC
163	33:24	325	Danny	Seales	M	134	Hove Hornets
164	33:27	383	Georgina	Scutt	F	30	Saints and Sinners
165	33:27	410	Allistair	Bond	M	135	Steyning AC
166	33:27	69	Mark	Sykes	M	136	Haywards Heath Harriers
167	33:27	157	Jan	Ireland	F	31	Fittleworth Flyers
168	33:27	213	Amanda	Godfrey	F	32	Chichester Runners
169	33:27	144	Naomi	Ayers	F	33	Unattached
170	33:40	203	Karen	Morse	F	34	Lewes AC
171	33:40	102	Nicky	Critchfield	F	35	Arunners
172	33:42	12	Penny	Barron	F	36	Horsham Joggers
173	33:45	234	Cath	Beckett	F	37	Burgess Hill Runners
174	33:46	360	Joanna	Fiveash	F	38	Saints and Sinners
175	33:48	65	Holly	Glaister	F	39	Haywards Heath Harriers
176	33:51	246	Susan	Lyle	F	40	Burgess Hill Runners
177	33:51	207	Peter	Miller	M	137	Lewes AC
178	33:55	75	John	Little	M	138	Lancing Eagles
179	33:58	208	Rachael	Hogan	F	41	Lewes AC
180	33:58	350	Bill	Bedford	M	139	Saints and Sinners
181	34:01	170	Erin	Maher	F	42	Goring Road Runners
182	34:05	42	Griz	Phillips	F	43	Portslade Hedgehoppers
183	34:10	238	Liz	Carter	F	44	Burgess Hill Runners
184	34:10	248	Lara	Maynard	F	45	Burgess Hill Runners
185	34:11	224	Magda	Stycharski	F	46	Goring Road Runners
186	34:11	371	Bill	Mackrell	M	140	Saints and Sinners
187	34:15	193	Colin	Hartland	M	141	Lewes AC
188	34:16	374	Andrew	Middleton	M	142	Saints and Sinners
189	34:20	270	Nigel	Cruttenden	M	143	Burgess Hill Runners
190	34:22	393	Malcolm	Wiltshire	M	144	Saints and Sinners
191	34:22	321	James	Williams	M	145	Hove Hornets
192	34:24	67	Natalie	Chivers	F	47	Haywards Heath Harriers
193	34:28	434	Andrea	Ingram	F	48	Lewes AC
194	34:35	326	Elizabeth	Swann	F	49	Hove Hornets
195	34:39	370	Khairy	Arthur	M	146	Saints and Sinners
196	34:39	103	Juliette	Reader	F	50	Arunners
197	34:49	189	Anita	Amies	F	51	Lewes AC

198	34:52	355	Mark	Clawson	M	147	Saints and Sinners
199	34:55	41	James	Millen	M	148	Portslade Hedgehoppers
200	35:00	105	Nick	Hartfield	M	149	Arunners
201	35:00	373	Shelly	Meyern	F	52	Saints and Sinners
202	35:00	385	Andrea	Stark	F	53	Saints and Sinners
203	35:00	126	Peter	French	M	150	Arunners
204	35:00	152	Tony	Boxall	M	151	Fittleworth Flyers
205	35:06	83	Zoe	Clift	F	54	Lancing Eagles
206	35:08	334	Andrew	Hammond	M	152	Worthing Harriers
207	35:11	47	Fiona	Sutton	F	55	Portslade Hedgehoppers
208	35:14	68	Marion	Hemsworth	F	56	Haywards Heath Harriers
209	35:14	435	Justin	Dobbs	M	153	Unattached
210	35:14	361	Mary	Freestone	F	57	Saints and Sinners
211	35:16	253	Linda	Russell	F	58	Burgess Hill Runners
212	35:16	250	Suse	Potts	F	59	Burgess Hill Runners
213	35:19	418	Ethan	Richards	M	154	Burgess Hill Runners
214	35:22	210	Siobhan	Boyer	F	60	Lewes AC
215	35:27	320	Judy	Poulton	F	61	Hove Hornets
216	35:34	79	Gez	Cummins	M	155	Lancing Eagles
217	35:36	62	Sue	Ledger-Catton	F	62	Haywards Heath Harriers
218	35:38	292	Jay	Wadey	M	156	Burgess Hill Runners
219	35:41	343	Sharla	Elder	F	63	Worthing Harriers
220	35:42	445	Peter	Shaw	M	157	Chichester Runners
221	35:45	215	Jill	Renson	F	64	Chichester Runners
222	35:53	353	Pete	Cargan	M	158	Saints and Sinners
223	36:03	131	Ian	Reader	M	159	Arunners
224	36:11	237	Marie	Carey	F	65	Burgess Hill Runners
225	36:22	429	Ian	Willcox	M	160	Horsham Joggers
226	36:33	404	Paul	Hill	M	161	Goring Road Runners
227	36:42	293	Dave	Woodhouse	M	162	Burgess Hill Runners
228	36:47	424	Lize	Claridge	F	66	Steyning AC
229	36:48	32	Peter	Hedgethorpe	M	163	Portslade Hedgehoppers
230	36:51	446	John	Booker	M	164	Horsham Joggers
231	36:51	322	Catherine	Bradley	F	67	Hove Hornets
232	36:53	448	Stuart	Harris	M	165	Unattached
233	37:01	358	Stella	Daff	F	68	Saints and Sinners
234	37:12	295	Abbi	Allen	F	69	Arunners
235	37:17	256	Sally	Symes	F	70	Burgess Hill Runners
236	37:21	26	Sonia	Edwards	F	71	Portslade Hedgehoppers
237	37:25	212	Sue	Baker	F	72	Chichester Runners
238	37:27	39	Kerry	Kipling	F	73	Portslade Hedgehoppers
239	37:30	137	Rod	Wilcock	M	166	Arunners
240	37:33	84	Emma	Nicol	F	74	Lancing Eagles
241	37:36	317	Mel	English	F	75	Hove Hornets
242	37:44	436	Joy	Dobbs	F	76	Brighton & Hove Womens Running Club
243	37:49	277	Jon	Lavis	M	167	Burgess Hill Runners
244	37:49	283	Steve	Roberts	M	168	Burgess Hill Runners
245	37:51	166	Nicki	Hawkins	F	77	Goring Road Runners
246	37:51	11	Richard	Barron	M	169	Horsham Joggers
247	37:51	307	Amanda	Swann	F	78	Hove Hornets

248	38:06	127	David	Harris	M	170	Arunners
249	38:07	128	Arthur	Matthews	M	171	Arunners
250	38:10	346	Peter	Airey	M	172	Saints and Sinners
251	38:12	411	Vivienne	Underhill	F	79	Horsham Joggers
252	38:18	242	Di	Delderfield	F	80	Burgess Hill Runners
253	38:20	151	John	Bearman	M	173	Fittleworth Flyers
254	38:22	392	Hannah	Wiltshire	F	81	Saints and Sinners
255	38:25	169	Sue	Pearson	F	82	Goring Road Runners
256	38:26	61	Richard	Bates	M	174	Haywards Heath Harriers
257	38:26	379	Gabrielle	Presland	F	83	Saints and Sinners
258	38:29	261	Mireille	Willett	F	84	Burgess Hill Runners
259	38:29	241	Nick	Dawson	F	85	Burgess Hill Runners
260	38:32	427	Liz	Ansell	F	86	Unattached
261	38:34	19	Mike	Airey	M	175	Portslade Hedgehoppers
262	38:37	254	Karen	Sargent	F	87	Burgess Hill Runners
263	38:37	395	Sandra	Nemorin-Noel	F	88	Chichester Runners
264	38:39	116	Wendy	Whelan	F	89	Arunners
265	38:39	101	Tania	Carter	F	90	Arunners
266	38:43	327	Dave	Harvey	M	176	Hove Hornets
267	38:45	431	Rod	Thomson	M	177	Horsham Joggers
268	38:50	25	John	Carroll	M	178	Portslade Hedgehoppers
269	38:54	104	Nicole	Ewer	F	91	Arunners
270	38:58	402	Sue	Oakes	F	92	Southwick Strollers
271	39:00	239	Theresa	Chalk	F	93	Burgess Hill Runners
272	39:09	87	Tracey	Thomas	F	94	Lancing Eagles
273	39:11	266	John	Carey	M	179	Burgess Hill Runners
274	39:13	109	Lyndsay	Jeffrey	F	95	Arunners
275	39:13	444	Martin	Jeffery	M	180	Unattached
276	39:21	368	Sue	Kemp	F	96	Saints and Sinners
277	39:21	352	Ian	Price	M	181	Saints and Sinners
278	39:25	345	Fiona	Clifton	F	97	Horsham Joggers
279	39:28	425	Theresa	Donohue	F	98	Lingfield Running Club
280	39:35	426	Rebecca	Van Look	F	99	Brighton & Hove Womens Running Club
281	39:38	49	Sally	Washington	F	100	Portslade Hedgehoppers
282	39:39	273	Gary	Foley	M	182	Burgess Hill Runners
283	39:44	161	Wendy	Fox	F	101	Fittleworth Flyers
284	39:46	413	David	Phillips	M	183	Unattached
285	39:52	359	Richard	Daniells	M	184	Saints and Sinners
286	39:59	52	Roger	Ockenden	M	185	Arena 80 AC
287	40:01	313	Claire	Fletcher	F	102	Hove Hornets
288	40:06	298	Marina	Waelti	F	103	Arunners
289	40:06	240	Vanessa	Corrick	F	104	Burgess Hill Runners
290	40:06	275	Steve	Gray	M	186	Burgess Hill Runners
291	40:10	172	Bryan	Darney	M	187	Goring Road Runners
292	40:12	416	Alison	McManamon	F	105	Unattached
293	40:15	122	Tim	Caffyn	M	188	Arunners
294	40:16	216	Emma	Searle	F	106	Chichester Runners
295	40:19	50	Hazel	Childs	F	107	Portslade Hedgehoppers
296	40:20	421	Julia	Mason	F	108	Arena 80 AC
297	40:22	308	Rosanna	Batchelor	F	109	Hove Hornets

298	40:25	310	Chris	Archer	F	110	Hove Hornets
299	40:28	441	Mallika	Livgren-Arjun	F	111	Unattached
300	40:31	110	Mel	Lovell-Knight	F	112	Arunners
301	40:35	90	David	Clubb	M	189	Lancing Eagles
302	40:37	287	Malcolm	Slater	M	190	Burgess Hill Runners
303	40:43	148	Ray	Chick	M	191	Fittleworth Flyers
304	40:45	420	Christina	Barraclough	F	113	Unattached
305	40:45	227	Jim	Newton	M	192	Steyning AC
306	40:53	51	Amanda	Reilly	F	114	Horsham Joggers
307	40:56	341	Jon	Lavis	M	193	Burgess Hill Runners
308	40:57	432	Patricia	Riche	F	115	Brighton & Hove Womens Running Club
309	40:58	124	Pete	Dobson	M	194	Arunners
310	41:02	267	David	Clark	M	195	Burgess Hill Runners
311	41:08	162	Patsy	Howard	F	116	Fittleworth Flyers
312	41:13	303	Harriet	Tidey	F	117	Henfield Joggers
313	41:16	452	Gary	Timal	M	196	Lancing Eagles
314	41:17	98	Karen	Bellis	F	118	Arunners
315	41:28	53	Caroline	Bransden	F	119	Horsham Joggers
316	41:32	112	Demi	Sadler	F	120	Arunners
317	41:38	354	Louise	Clawson	F	121	Saints and Sinners
318	41:39	145	Robin	Evenden	M	197	Fittleworth Flyers
319	41:41	396	Ann	Naested	F	122	Steyning AC
320	41:42	96	Lorraine	Collins	F	123	Lancing Eagles
321	41:49	129	Phil	McErlain	M	198	Arunners
322	41:49	399	Sherie	New	F	124	Steyning AC
323	41:53	338	Anne	Morrey	F	125	Worthing Harriers
324	41:54	175	Carol	Jones	F	126	Goring Road Runners
325	41:58	88	Yian	Solomon	F	127	Lancing Eagles
326	42:02	159	Jill	Bearman	F	128	Fittleworth Flyers
327	42:05	311	Harry	Berlanga	M	199	Hove Hornets
328	42:05	357	Heather	Cord	F	129	Saints and Sinners
329	42:07	18	John	Phillips	M	200	Unattached
330	42:16	184	Peter	Weston	M	201	Portslade Hedgehoppers
331	42:23	415	Lorraine	Hunter	F	130	Horsham Joggers
332	42:32	100	Sandra	Burgess	F	131	Arunners
333	42:36	177	Sarah	Saunders	M	202	Goring Road Runners
334	42:38	365	Janine	Haynes	F	132	Saints and Sinners
335	42:41	363	Vanessa	Harrold	F	133	Saints and Sinners
336	42:42	113	Jenny	Smith	F	134	Arunners
337	42:44	153	John	Nicel	M	203	Fittleworth Flyers
338	42:47	38	Stella	Kent	F	135	Portslade Hedgehoppers
339	43:00	291	Simon	Thompson	M	204	Burgess Hill Runners
340	43:00	252	Catherine	Kempton	F	136	Burgess Hill Runners
341	43:09	89	Carol	Chandler	F	137	Lancing Eagles
342	43:12	251	Helen	Pratt	F	138	Burgess Hill Runners
343	43:13	272	Philippe	Ecaille	M	205	Burgess Hill Runners
344	43:14	364	Carolyn	Hartfield	F	139	Saints and Sinners
345	43:19	375	Yvonne	Miller	F	140	Saints and Sinners
346	43:20	387	Eliza	Thorns	F	141	Saints and Sinners
347	43:27	74	Gemma	Taylor	F	142	Henfield Joggers

348	43:34	13	Stephanie	Charman	F	143	Horsham Joggers
349	43:47	257	Kelly	Tomsett	F	144	Burgess Hill Runners
350	44:12	178	Lorraine	Shirley	F	145	Goring Road Runners
351	44:18	438	Elaine	Scott	F	146	Steyning AC
352	44:33	93	Paul	Gardner	M	206	Lancing Eagles
353	44:42	422	Jasmine	Bennett	F	147	Southdowns Orienteers
354	44:42	278	Patrick	Maher	M	207	Burgess Hill Runners
355	44:47	27	Ann	Eke	F	148	Portslade Hedgehoppers
356	45:02	37	Ian	Kent	M	208	Portslade Hedgehoppers
357	45:04	335	Sarah	Denscombe	F	149	Worthing Harriers
358	45:05	249	Jenny	Nicoll	F	150	Burgess Hill Runners
359	45:10	80	Roger	Locke	M	209	Lancing Eagles
360	45:10	382	Brian	Purnell	M	210	Saints and Sinners
361	45:18	296	Sue	Bingham	F	151	Arunners
362	45:25	433	Lucy	Roughly	F	152	Brighton & Hove Womens Running Club
363	45:30	282	Karl	Richards	M	211	Burgess Hill Runners
364	45:37	168	Dave	Harris	M	212	Goring Road Runners
365	45:39	449	Naomi	Sharp	F	153	Brighton & Hove Womens Running Club
366	45:40	304	Hayley	Dumbrell	F	154	Henfield Joggers
367	45:44	342	June	Pope	F	155	Worthing Harriers
368	45:44	302	Joe	Cox	M	213	Henfield Joggers
369	45:44	439	Carol	Selley	F	156	Unattached
370	45:56	255	Ann	Savidge	F	157	Burgess Hill Runners
371	46:04	260	Hannah	Watkins	F	158	Burgess Hill Runners
372	46:06	259	Caz	Wadey	F	159	Burgess Hill Runners
373	46:06	158	John	Holdstock	M	214	Fittleworth Flyers
374	46:18	447	Linda	Harrington	F	160	Unattached
375	46:20	97	Christine	Woolven	F	161	Lancing Eagles
376	46:23	150	Erik	Shopland	M	215	Fittleworth Flyers
377	46:26	390	Steve	Tombs	M	216	Saints and Sinners
378	46:34	412	Sam	Hedges	F	162	Unattached
379	46:36	9	Alistair	Jackson	M	217	Arena 80 AC
380	46:45	414	Linda	Wellment	F	163	Lingfield Running Club
381	46:45	111	Raine	Miles	F	164	Arunners
382	46:51	297	Julie	Harmond	F	165	Arunners
383	47:04	106	Sally	Gardiner	F	166	Arunners
384	47:06	289	Hugh	Stevenage	M	218	Burgess Hill Runners
385	47:09	229	Mags	Newton	F	167	Steyning AC
386	47:21	367	Charlene	Joe	F	168	Saints and Sinners
387	47:24	17	Sundari	Rickwood	M	219	Unattached
388	47:29	384	Robert	Sheppard	M	220	Saints and Sinners
389	47:55	362	Carolyn	Mynott	F	169	Saints and Sinners
390	47:57	442	Sarah	Arjun	F	170	Unattached
391	48:30	85	Wendy	Harbour	F	171	Lancing Eagles
392	48:30	443	Kay	Whitcroft	F	172	Brighton & Hove Womens Running Club
393	49:05	244	Sarah	Harman	F	173	Burgess Hill Runners
394	49:08	450	Jo	Simpson	F	174	Brighton & Hove Womens Running Club
395	49:26	243	Tracey	Golbey	F	175	Burgess Hill Runners
396	49:28	86	Samantha	Gardner	F	176	Lancing Eagles
397	49:37	372	Sue	Mackrell	F	177	Saints and Sinners

398	49:47	6	Jo	Hughes	F	178	Horsham Joggers
399	50:04	1	Verity	Dods	F	179	Horsham Joggers
400	50:08	377	Claire	Orsborn	F	180	Saints and Sinners
401	50:37	140	Peter	Boxall	M	221	Hove Hornets
402	51:12	389	Lyn	Tombs	F	181	Saints and Sinners
403	51:19	82	Tracy	Stringer	F	182	Lancing Eagles
404	51:29	391	Debbie	Wiltshire	F	183	Saints and Sinners
405	51:56	179	Morag	Wagner	F	184	Goring Road Runners
406	52:05	351	Sarah	Berry	F	185	Saints and Sinners
407	52:45	54	Ken	Lawton	M	222	Unattached
408	53:01	91	Elaine	Rousseau	F	186	Lancing Eagles
409	53:25	2	Jenny	Boyd	F	187	Horsham Joggers
410	54:46	324	Jan	Carroll	F	188	Hove Hornets
411	57:33	306	Jane	Pidgeon	F	189	Hove Hornets
412	59:06	231	Eileen	Adlam	F	190	Burgess Hill Runners
413	1:00:55	3	Victoria	Saunders	F	191	Horsham Joggers