

Position	Time	Number	First Name	Surname	Gender	G.Pos	Club
1	5:17	528	Jamie	Scutt	M	1	Saints and Sinners
2	5:17	527	Aedan	Price	M	2	Saints and Sinners
3	5:24	542	Morgan	Kennett	M	3	Lancing Eagles
4	5:32	529	Joe	Scutt	M	4	Saints and Sinners
5	5:33	508	Hannah	Halfacree	F	1	Arunners
6	5:44	504	Alfie	Ledger	M	5	Haywards Heath Harriers
7	5:51	501	Darragh	McSporran	M	6	Unattached
8	5:54	561	Cameron	Vincent	M	7	Unattached
9	5:56	563	George	Fletcher	M	8	Unattached
10	5:56	556	Jarvis	Beresford-Theurer	M	9	Steyning AC
11	5:57	517	Zak	Snelling	M	10	Burgess Hill Runners
12	5:59	535	Harry	Haydon	M	11	Unattached
13	6:01	560	Rosie	Gasson	F	2	Arena 80 AC
14	6:07	526	Elliot	Orsborn	M	12	Saints and Sinners
15	6:13	548	Isabel	Charnock	F	3	Arunners
16	6:15	565	Jake	Castle	M	13	Saints and Sinners
17	6:18	551	Charlie	Berlanga	M	14	Hove Hornets
18	6:19	502	Cian	McSporran	M	15	Unattached
19	6:22	540	Joe	Bond	M	16	Steyning AC
20	6:23	510	Michael	Rowe	M	17	Arunners
21	6:27	545	Freddie	Booth	M	18	Sussex Tristars
22	6:34	541	Jd	Bond	M	19	Steyning AC
23	6:37	503	Millie	Ledger	F	4	Haywards Heath Harriers
24	6:39	555	Louis	Henry	M	20	Haywards Heath Harriers
25	6:46	522	Millie	Callaway	F	5	Arunners
26	6:56	564	Megan	Fletcher	F	6	Hove Hornets
27	7:02	536	Josh	Haydon	M	21	Unattached
28	7:05	523	Rosie	Callaway	F	7	Arunners
29	7:07	507	Kyle	Collins	M	22	Lancing Eagles
30	7:08	557	Seth	Beresford-Theurer	M	23	Steyning AC
31	7:11	524	Hope	Waite-Jones	F	8	Arunners
32	7:12	537	Mia	Brown	F	9	Unattached
33	7:18	552	Berlanga	Leo	M	24	Hove Hornets
34	7:19	520	Ryan	Sargent	M	25	Burgess Hill Runners
35	7:20	506	Lucas	Collins	M	26	Lancing Eagles
36	7:25	521	Ben	Sargent	M	27	Burgess Hill Runners
37	7:34	525	Bethany	Clawson	F	10	Saints and Sinners
38	7:37	532	Holly	Williams	F	11	Unattached
39	7:45	512	Charlie	Cooley	M	28	Chichester Runners
40	7:59	533	George	Williams	M	29	Unattached
41	8:00	549	Mia	Scrase	F	12	Unattached
42	8:00	513	Lily	Craigs	F	13	Burgess Hill Runners
43	8:06	544	Texas	Amena	M	30	Unattached
44	8:06	543	Smilla	Amena	F	14	Unattached
45	8:20	562	Toby	Vincent	M	31	Unattached
46	8:24	509	Jamie	Rowe	M	32	Arunners
47	8:29	515	Mia	Harman	F	15	Burgess Hill Runners

48	8:41	550	Lily	Scrase	F	16	Unattached
49	8:49	534	Amber	Bird	F	17	Burgess Hill Runners
50	8:50	514	Kayleigh	Harman	F	18	Burgess Hill Runners
51	8:52	516	Lois	Roberts	F	19	Burgess Hill Runners
52	8:56	530	James	Crocker	M	33	Unattached
53	9:10	558	Sophia	Liu	F	20	Unattached
54	9:10	559	James	Liu	M	34	Unattached
55	9:24		Unknown	Runner		35	
56	9:27	539	Josh	Brown	M	36	Unattached
57	9:27	538	Austen	Brown	M	37	Unattached
58	10:42	519	Reece	Roberts	M	38	Burgess Hill Runners
59	12:39	553	Lizzie	O'Reilly-Bevis	F	21	Unattached
60	12:39	554	Schuylen	Blake	F	22	Unattached
61	15:00	547	E	King	F	23	Unattached
62	15:01	546	Seb	King	M	39	Unattached