

Henfield Leisure Centre/Henfield Joggers  
Henfield 9 Mile Run  
Sunday 8th March 2015 Provisional Results

1	54:03	103	Andy	Massingdale	M	1	Henfield Joggers	M Senior
2	54:32	87	Tim	Lunnon	M	1	Brighton and Hove	M Senior
3	55:36	82	Sam	Wigmore	M	1	Horsham Amphibians Triathlon	M Senior
4	56:05	129	Ewan	Dunlop	M	1	Steyning AC	M Senior
5	56:54	23	Amy	Harris	F	1	Horsham Amphibians Triathlon	F Senior
6	57:41	90	Paul	Leak	M	1	Unattached	MV40
7	58:08	81	Damien	Hersey	M	1	Sutton Runners	M Senior
8	58:12	11	Steve	Wigmore	M	1	Horsham Joggers	MV50
9	59:59	105	Gavin	Megaw	M	1	Guildford Godalming AC	M Senior
10	1:01:56	133	Anthony	Bishop	M	1	Steyning AC	MV40
11	1:02:02	47	Paul	Sidaway	M	1	Eastleigh Running Club	MV50
12	1:02:27	136	Lee	Oxley	M	1	Steyning AC	MV40
13	1:02:54	33	Harry	Wilcox	M	1	Horsham Joggers	M Senior
14	1:03:36	83	James	Mullan	M	1	Brighton and Hove	M Senior
15	1:03:48	12	Micaela	Floyd	F	1	Tuff Fitty Tri	FV35
16	1:05:23	126	Anthony	Smart	M	1	Unattached	M Senior
17	1:05:24	125	Chris	Smart	M	1	Unattached	MV40
18	1:07:29	132	Dan	Salter	M	1	Unattached	M Senior
19	1:07:39	30	John	Hardy	M	1	Lancing Eagles	MV60
20	1:08:02	131	Tony	Earl	M	1	Unattached	MV40
21	1:08:25	124	Nick	Lambhead	M	1	Unattached	M Senior
22	1:09:01	73	Stuart	Austin	M	1	Haywards Heath Harriers	MV40
23	1:09:17	19	Terry	Avey	M	1	Brighton Phoenix	MV60
24	1:09:40	128	Alex	Slack	M	1	Unattached	M Senior
25	1:09:40	115	Trevor	Symes	M	1	Burgess Hill Runners	MV50
26	1:10:15	51	Kevin	Barnes	M	1	Unattached	FV55
27	1:10:30	96	Colin	Simpson	M	1	Brighton Phoenix	MV60
28	1:11:16	135	Peter	Littleby	M	1	Unattached	M Senior
29	1:11:27	100	Paul	Nurse	M	1	C & J Flyers	M Senior
30	1:11:46	76	David	Ricketts	M	1	Mid Sussex Tri	MV50
31	1:12:02	72	Alan	Glyn-Jones	M	1	Unattached	MV50
32	1:12:03	61	Mikey	O'Grady	M	1	Horsham Joggers	Select Age Group
33	1:12:03	86	Anna	Titchmarsh	F	1	Horsham Joggers	FV35
34	1:12:37	29	Emma	Comber	F	1	Horsham Joggers	FV35
35	1:12:41	22	Natasha	Swan	F	1	Seaford Striders	FV35
36	1:12:46	104	Mark	Smee	M	1	Unattached	MV50
37	1:13:32	50	Tony	Cooley	M	1	Chichester Runners	FV55
38	1:13:57	52	Colin	Illsley	M	1	Unattached	FV45
39	1:14:03	14	Timothy	McGrath	M	1	Worthing Striders	MV40
40	1:14:09	39	Matt	Payne	M	1	Horsham Joggers	MV40
41	1:15:02	25	Sarah	Harris	F	1	Horsham Amphibians Triathlon	F Senior
42	1:15:06	57	Alan	Clarke	M	1	Worthing Harriers	MV60
43	1:15:18	49	David	Lague	M	1	Saints and Sinners	FV45
44	1:15:39	43	Peter	Rudling	M	1	Unattached	FV35
45	1:15:50	107	Josh	Potts	M	1	Unattached	M Senior
46	1:15:54	108	Steve	Lester	M	1	Unattached	MV50
47	1:16:28	17	Alexandra	Wesker	F	1	Unattached	F Senior
48	1:17:11	32	Andrew	Sharp	M	1	Unattached	MV50
49	1:17:25	130	Thomas	Mahoney	M	1	Unattached	23
50	1:17:28	67	Graham	Douglas	M	1	Unattached	MV50
51	1:18:29	3	Angela	Darton	F	1	Lancing Eagles	FV45
52	1:18:40	55	Samantha	Leake	F	1	Worthing Striders	F Senior
53	1:18:40	13	Bethany	Smith	F	1	Unattached	F Senior
54	1:18:52	75	Gudrun	Bower	F	1	Unattached	FV35
55	1:19:38	1	Richard	Gray	M	1	Unattached	MV50
56	1:19:41	92	Zoe	Clift	F	1	Lancing Eagles	FV35
57	1:19:56	98	Michelle	Feest	F	1	Worthing Striders	FV45
58	1:19:56	97	Stephen	Feest	M	1	Worthing Striders	FV55
59	1:20:29	16	Ian	Wilcox	M	1	Horsham Joggers	MV50
60	1:20:33	4	Karen	Wigmore	F	1	Horsham Amphibians Triathlon	FV55
61	1:21:37	18	Mark	Dewdney	M	1	Unattached	MV50
62	1:22:13	31	Janet	Clapton	F	1	Burgess Hill Runners	FV45
63	1:22:35	127	Stephanie	Turley	F	1	Unattached	F Senior
64	1:23:21	77	Jack	Franks	M	1	Unattached	M Senior
65	1:23:47	48	Peter	Cargan	M	1	Saints and Sinners	FV55
66	1:24:13	116	Sally	Symes	F	1	Burgess Hill Runners	FV45
67	1:24:31	37	Mark	Anderson	M	1	Fittleworth Flyers	MV50
68	1:25:07	56	Glen	Robertson	M	1	Trail Running Association	MV50
69	1:25:15	112	Trevor	Makey	M	1	Unattached	MV50
70	1:25:34	78	Tim	Franks	M	1	Unattached	M Senior
71	1:25:35	74	Jamie	Hopgood	M	1	Unattached	M Senior
72	1:25:53	88	Amanda	Sullivan	F	1	Horsham Joggers	FV45
73	1:26:01	63	Grant	Wenban	M	1	Unattached	M Senior
74	1:26:10	134	Sheryl	Caldecourt	F	1	Burgess Hill Runners	FV45
75	1:26:23	119	Louise	Oates	F	1	Unattached	FV45
76	1:26:30	95	Tanveer	Hussain	F	1	K2	FV35
77	1:26:31	28	Paula	Wallace	F	1	Unattached	FV35
78	1:26:33	117	Peter	Oates	M	1	Unattached	MV50
79	1:26:33	118	Reto	Klarer	M	1	Unattached	MV40
80	1:26:37	40	Michelle	Jackson	F	1	Johannsburg Wanderers	F Senior
81	1:26:37	41	Karen	Jackson	F	1	We Run Hassocks	FV45
82	1:26:53	114	Jonathan	Reid	M	1	Unattached	MV40
83	1:27:26	2	Lesley	Kilner	F	1	Henfield Joggers	FV55
84	1:27:31	102	Natasha	Hayes	F	1	Horsham Joggers	FV35
85	1:27:40	85	Andy	McMillan	M	1	Unattached	MV40
86	1:27:59	113	Denis	Muirden	M	1	Henfield Joggers	MV50
87	1:28:12	93	Stella	Daff	F	1	Saints and Sinners	FV45
88	1:28:49	94	Emma	Nicol	F	1	Lancing Eagles	FV35
89	1:29:42	80	Laura-Jayne	Hazzard	F	1	Unattached	F Senior

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90	1:31:42	44	Charles	Ryder	M	1	Unattached	FV45
91	1:31:56	89	Helen	Mallows	F	1	Horsham Joggers	FV45
92	1:32:17	79	Keith	Crawford	M	1	Strensall Runners	MV60
93	1:32:32	101	Pamela	Warren	F	1	Horsham Joggers	FV45
94	1:32:47	64	Sarah	Barton	F	1	Bodyblast	F Senior
95	1:32:53	62	Emma	James	F	1	Burgess Hill Runners	F Senior
96	1:32:53	65	Alison	Price	F	1	Unattached	F Senior
97	1:33:12	66	Sopy	Ping	F	1	Unattached	F Senior
98	1:33:37	54	Paul	Fielding	M	1	Unattached	F Senior
99	1:34:27	27	John	Crosbie	M	1	Worthing Harriers	MV60
100	1:34:45	123	Andrew	Hilton	M	1	Unattached	MV40
101	1:34:55	38	Matthew	Anderson	M	1	Fittleworth Flyers	MV40
102	1:35:17	45	Dean	Scott	M	1	Unattached	FV45
103	1:35:30	58	Debbie	Belcher	F	1	BHWRC	FV45
104	1:35:30	60	Ann	Eke	F	1	Portslade Hedgehoppers	FV55
105	1:35:46	106	Steve	Warren	M	1	Unattached	MV50
106	1:36:51	46	Stephen	Kennard	M	1	Unattached	FV55
107	1:36:58	5	Sheila	Stuart	F	1	Unattached	FV55
108	1:36:59	21	Diane	Berry	F	1	Horsham Joggers	FV55
109	1:36:59	35	Sophie	Bowden-Caldwell	F	1	Unattached	F Senior
110	1:36:59	34	Sarah	Angell	F	1	Unattached	F Senior
111	1:37:48	26	Joel	Barker	M	1	Unattached	M Senior
112	1:38:41	120	Naomi	Sharp	F	1	BHWRC	FV35
113	1:39:10	70	Mandy	Richardson	F	1	Unattached	FV35
114	1:39:14	69	Kayleigh	Page	F	1	Unattached	F Senior
115	1:40:19	121	Lind	Harrington	F	1	BHWRC	FV45
116	1:41:25	6	Beverly	Sheridan	F	1	Lewes AC	FV55
117	1:41:25	68	Colin	Bennett	M	1	Lewes AC	MV40
118	1:42:32	10	Alistair	Jackson	M	1	Veterans AC	MV70
119	1:42:50	15	Yian	Solomon	M	1	Lancing Eagles	MV60
120	1:45:18	20	Linda	Morris	F	1	Horsham Joggers	FV45
121	1:47:19	122	Lorraine	Mosley	F	1	Unattached	FV55
122	1:47:53	99	Malcolm	Johnson	M	1	MVAC	MV40
123	1:49:25	109	Sarah	Arjun	F	1	BHWRC	FV45
124	1:49:25	111	Carol	Selley	F	1	BHWRC	FV45
125	1:49:26	110	Kay	Whitcroft	F	1	BHWRC	FV35
126	1:52:08	91	Wendy	Harbour	F	1	Lancing Eagles	FV55
127	1:53:09	71	Jenny	Denyer	F	1	Haywards Heath Harriers	FV55
128	1:54:41	53	Michel	Dee	M	1	Henfield Joggers	FV65