## Grace Wells Handicap - finish times for Dec

| Last update | 5-Dec-14 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| NAME | TARGET FINISH TIME | FINISH TIME | TIME | Pt | FASTEST PREVIOU S TIME | MOST RECENT |  | LEAST RECENT |
| Longmoor, Michelle | 07:42:30 | 7:43:51 | 28:51 | 18 | 27.25 | 28.56 | 29.57 | 27.25 |
| Hargrave, Nikki | 07:44:45 | 7:44:50 | 29:50 | 19 | 29.48 | 29.48 | 31.23 | 32.23 |
| Thornton, Rob | 07:43:00 | 7:44:50 | 29:50 | 16 | 27.58 | 31.23 | 32.23 | 27.58 |
| Kilner, Les |  | 7:47:28 | 32:28 |  |  |  |  |  |
| Smith, Emma | 07:47:45 | 7:47:44 | 32:44 | 20 | 32.44 | 33.20 | 33.43 | 32.44 |
| Hamilton-Orr, Gill | 07:48:00 | 7:49:39 | 34:39 | 17 | 32.55 | 33.20 | 33.39 | 32.55 |
| Pamment, Liz | 07:49:00 | 7:50:52 | 35:52 | 15 | 34.07 | 34.07 | 36.46 | 34.29 |
| Winter, Lorna |  | 7:50:53 | 35:53 |  |  |  |  |  |
| Kianfar, Mandy | 07:48:45 | 7:51:26 | 36:26 | 14 | 33.51 | 33.51 | 35.10 | 36.28 |
| Muller, Louise | 07:49:00 | 7:51:26 | 36:26 | 14 | 33.58 | 34.31 | 33.58 | 37.58 |
| Aveny, Sally |  | 7:53:10 | 38:10 |  |  |  |  |  |
| Besson, Lesley | 07:52:15 | 7:59:36 | 44:36 | 12 | 37.17 | 37.17 | 37.21 | 39.58 |
| Turner, Alison | 07:49:15 | 7:59:37 | 44:37 | 11 | 34.22 | 37.06 | 34.22 | 40.00 |
| James, Susy |  | 7:59:42 | 44:42 |  |  |  |  |  |

Fastest Previous time is best time in the 3 most recent Handicaps.
This is rounded to the nearest 15 sec to give the Target Time for this race.
Target Finish Time is 7:15:00 + Target Time.
Points are awarded, 20 pt for the runner furthest inside their Target Time, 19 pt for the next, etc.
Where no Pts are shown, the runner is either a new starter in the handicap, or is returning to the Handicap after at least 1 calendar year's absence, and so has no target time. 3 Pt are awarded in either case All entrants also receive 2 Attendance Points

