

Henfield Half Marathon
Sunday 18th August 2019 Provisional Results

1	1:22:40	106	Del	Wallace	M	Arena 80
2	1:25:07	146	Enrique	Sanz Garcia	M	Buff
3	1:26:47	101	Ken	Hoye	M	Chelmsford AC
4	1:27:38	151	Michal	Blaszczuk	M	Unattached
5	1:28:24	14	Dan	Vaughan	M	Arena 80
6	1:28:37	154	Adam	Whitmee	M	Run Academy Worthing
7	1:28:50	20	Guy	Hudson	M	Henfield Joggers
8	1:29:51	12	Freya	Leman	F	Brighton and Hove
9	1:32:34	98	Fergal	Donnelly	M	Reading Road Runner
10	1:33:17	82	Nick	Street	M	Unattached
11	1:36:45	40	Colin	Evans	M	Midhurst Milers
12	1:36:57	60	Thomas	Lavis	M	Run Academy Worthing
13	1:37:34	135	Jonathan	Babbage	M	Tuff Fitty Tri
14	1:38:46	69	Mark	Saso	M	Unattached
15	1:39:01	158	Paul	Beckett	M	Stockport Harriers
16	1:39:24	59	Colin	Lammie	M	Unattached
17	1:39:51	114	Darek	Koprucki	M	Unattached
18	1:39:55	122	Kerem	Guvench	M	Crawley Run Crew
19	1:41:24	121	Alex	Marsh	M	Unattached
20	1:41:40	104	Mark	Greet	M	Unattached
21	1:42:29	117	Nigel	Emsley	M	Unattached
22	1:42:54	132	Dominic	Osman-Allu	M	Lewes AC
23	1:43:39	2	Joe	Spencer	M	Unattached
24	1:43:45	112	Stephen	Baker	M	Saints and Sinners
25	1:43:51	138	Jamie	Meeking	M	Billingshurst Run Fit
26	1:44:01	150	Michele	Nixon	F	Saints and Sinners
27	1:44:20	131	Mathew	Homewood	M	Lewes AC
28	1:44:34	140	Phil	Baker	M	Tuff Fitty Tri
29	1:44:56	81	Steve	Lester	M	Unattached
30	1:45:11	163	Jamie	Owen	M	Unattached
31	1:45:20	13	Gary	Curran	M	Unattached
32	1:45:28	41	Nigel	Lake	M	Saints and Sinners
33	1:45:30	160	Bernie	O'Donovan	F	Wimbledon Windmilers
34	1:45:57	91	Gareth	Price	M	Unattached
35	1:46:00	46	Rachel	Burgess	F	Arena 80
36	1:46:16	86	Walter	Hill	M	Crawley AC
37	1:46:37	115	Alan	Hynd	M	Unattached
38	1:46:53	148	Sharon	Barnett	F	Maidstone Harriers
39	1:46:58	26	E	Warner	M	Fittleworth Flyers
40	1:47:12	85	Don	Doe	M	Unattached

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41	1:47:56	77	Nancy	Will	F	Pinelands Athletics
42	1:48:02	133	Simon	Carey	M	Bexhill Runners & Tri
43	1:48:23	156	Ross	Taylor	M	Pitsea Running Club
44	1:48:36	105	Sophie	Hales	F	Unattached
45	1:48:38	21	Michael	Miller	M	Arena 80
46	1:48:57	92	Michael	Beckmann	M	Unattached
47	1:48:59	152	Neil	Wenham	M	Unattached
48	1:49:06	102	Paul	Chantler	M	Horsham Joggers
49	1:49:14	80	Iyo	Sharp	M	Unattached
50	1:49:19	130	Rob	Stanway	M	Lewes AC
51	1:51:02	153	Liam	Jackson	M	Unattached
52	1:51:13	5	Matthew	Dougan	M	Hove Hornets
53	1:51:54	89	Joel	Barker	M	Unattached
54	1:52:11	58	Ceara	Joyce	F	Epsom Oddballs
55	1:52:34	39	Malcolm	Hales	M	Unattached
56	1:53:02	125	John	Lewis	M	Unattached
57	1:53:02	126	Julia	Lewis	F	Unattached
58	1:54:04	129	Ben	Walker	M	Unattached
59	1:54:49	56	Hannah	Jefferies	F	Unattached
60	1:54:49	63	Toby	Merrett	M	Unattached
61	1:55:46	157	Louisa	Scola	F	Seaford Striders
62	1:55:59	96	Carl	Bicknell	M	Haywards Heath Harriers
63	1:56:16	24	Nicola	Smith	F	Horsham Joggers
64	1:56:20	33	Stewart	Mackman	M	Horsham Blue Star
65	1:56:29	127	Josh	Cable	M	Lancing Eagles
66	1:57:10	6	John	Prowting	M	Unattached
67	1:57:42	7	Paul	Kent	M	Cambridge Harriers
68	1:57:50	145	Nick	Clinch	M	Unattached
69	1:57:50	159	Darren	Sinden	M	Lancing Eagles
70	1:58:04	73	Jordan	Walker	M	Unattached
71	1:58:09	95	Theo	Coleridge	M	Unattached
72	1:58:20	4	Gayle	Mason	F	Unattached
73	1:58:53	23	Clare	Hannington	F	Unattached
74	1:58:53	28	Gill	Hudson	F	DMVAC
75	1:59:17	22	Sue	Brumwell	F	Arena 80
76	1:59:30	75	Paul	Webber	M	Saints and Sinners
77	1:59:58	99	Anne	Davidson	F	DMVAC
78	2:00:00	164	Oli	Polidore Perrins	M	Camberwell Running Club
79	2:00:25	62	Nigel	Meager	M	Unattached
80	2:00:28	35	Nick	Parsons	M	Portslade Hedgehoppers
81	2:00:41	116	Martina	Habrunova	F	Unattached
82	2:01:00	141	Keith	Blackman	M	Unattached
83	2:01:25	43	Chelsea	Gregory	F	Unattached
84	2:01:30	107	Paulina	Dalley	F	Unattached
85	2:01:36	66	Lee	O'Neill	M	East Grinstead Runners
86	2:01:55	74	Melanie	Webber	F	Saints and Sinners
87	2:03:03	118	Rebecca	Kipping	F	Worthing Striders
88	2:03:19	119	Amanda	William	F	Orpington Road Runners

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89	2:03:19	120	James	Willingham	M	Orpington Road Runners
90	2:03:27	88	Glenn	Parisi	M	Tuff Fitty Tri
91	2:03:28	47	Ilidia	Campbell	F	Henfield Joggers
92	2:04:04	108	Robin	Fraser	M	Unattached
93	2:04:08	143	Geoff	Wilson	M	Unattached
94	2:04:16	3	Guy	Dixon	M	Unattached
95	2:04:58	45	Alex	Blows	M	Arunners
96	2:05:10	38	John	Sluman	M	Chaldon Creakers
97	2:05:23	65	Viv	Mitchell	F	South London Harriers
98	2:05:31	34	Zoe	Cherryman	F	Portslade Hedgehoppers
99	2:05:36	100	Tania	Tinslay	F	Hove Hornets
100	2:05:58	111	Laura	Paskin	F	Worthing Striders
101	2:05:58	48	Sean	Carter	M	Worthing Striders
102	2:06:05	72	Cheyene	Van Noordwyk	F	DMVAC
103	2:06:07	71	Amy	Tucker	F	Unattached
104	2:06:28	16	Roger	Johnson	M	Horsham Joggers
105	2:06:38	155	Lesley	Prideaux	F	Unattached
106	2:06:43	64	Shelley	Meyern	F	Crawley Run Crew
107	2:07:16	94	Mark	Raven	M	Worth Way Runners
108	2:07:25	142	Peter	May	M	Unattached
109	2:08:30	49	Kevin	Challen	M	Natural Born Runners
110	2:08:39	109	Graham	Douglas	M	Unattached
111	2:08:55	87	Clive	Harvey	M	Tuff Fitty Tri
112	2:09:35	139	Katharine	White	F	Billingshurst Run Fit
113	2:09:43	50	Sarah	Clapp	F	Saints and Sinners
114	2:09:51	144	Francoise	Gonlwheeker	F	DMVAC
115	2:10:38	97	Chris	Dauncey	M	Unattached
116	2:11:12	15	Ian	Marshall	M	Cambridge Harriers
117	2:11:53	161	Natasha	Swan	F	Seaford Striders
118	2:11:59	124	Paul	Heywood	M	Eastbourne Rovers
119	2:12:37	103	John	Booker	M	Horsham Joggers
120	2:13:44	90	Charli	Staffmann	F	Unattached
121	2:13:50	93	Leonard	Apps	M	Unattached
122	2:13:53	134	Wendy	Frost	F	Tuff Fitty Tri
123	2:14:58	165	Frederil	Hoffman	M	Unattached
124	2:15:06	166	Julie	Dewchetu	F	Unattached
125	2:15:56	52	Heather	Dupay	F	DMVAC
126	2:16:43	51	Caroline	Craigie	F	Unattached
127	2:17:25	30	John	Carter	M	Wimbledon Windmilers
128	2:18:26	128	Heather	Law	F	DMVAC
129	2:19:04	149	Tracey	Mitchell	F	Unattached
130	2:19:57	83	Steve	Murphy	M	Unattached
131	2:20:10	137	Jan	Dupree	F	Unattached
132	2:20:10	61	Cara	McDaniel	F	Vegan Runners
133	2:21:38	110	Debbie	Patching	F	Bogner Regis Tone Zone
134	2:22:20	136	Shelley	Babbage	F	Tuff Fitty Tri
135	2:22:46	18	Max	Neal	M	Unattached
136	2:22:46	19	Thomas	Turner	M	Unattached

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137	2:22:47	54	Janine	Haynes	F	Saints and Sinners
138	2:23:08	31	Rachel	Brunning	F	Tuff Fitty Tri
139	2:24:50	27	Marcus	Hancocks	M	Unattached
140	2:25:01	55	Cathy	Howe	F	Saints and Sinners
141	2:25:01	68	Dawn	Rhodes	F	Saints and Sinners
142	2:25:08	11	Sarah	Gibb	F	Run Academy Worthing
143	2:25:45	113	John	Trory	M	Road Runners
144	2:27:45	37	Amanda	Sluman	F	Chaldon Creakers
145	2:29:31	67	Jon	Prideaux	M	Unattached
146	2:31:45	84	Helena	Warburton	F	Brighton and Hove
147	2:32:34	123	Richard	Paine	M	Bexhill Runners & Tri
148	2:34:33	42	Mark	Newell	M	Cambridge Harriers
149	2:43:43	8	Carol	Stanbridge	F	Worthing Running Sisters
150	3:05:04	162	Sheila	O'Toole	F	Unattached
151	3:09:15	53	Louise	Gallagher	F	Runthrough
152	3:09:26	78	Allison	Willcox	F	Burgess Hill Runners
153	3:09:26	10	Malcolm	Slater	M	Burgess Hill Runners
154	3:10:58	44	Carol	Bellamy	F	Saints and Sinners
155	3:10:58	32	Pamela	Field	F	Saints and Sinners