



in association with



## Seven Stiles Fun Runs

Kindly sponsored by Coles Automotive

[www.colesautomotive.co.uk](http://www.colesautomotive.co.uk)

10.15 am (1 Mile Junior Race), 11.00 am (4 mile)

Sunday 29th July 2018

- Course:** A four mile run, starting and finishing at Henfield Leisure Centre. Mainly flat country footpaths including the occasional stile along the river and old railway line. Medal to all finishers. Minimum age: 15 year.
- Juniors:** A one mile (approx.) course starting and finishing at the Leisure Centre. Medals to all finishers.
- Facilities:** Changing rooms, showers, cakes and coffee will be on sale. PLEASE NOTE: Car Parking is VERY limited. Please park in the main village Car Parks (Budgen & The Library) from where it's a 10 minute walk
- Entry Fee:** Adults £4, WSFRL members £3.00 adults, £1 under 15. **All** entries on day £5.00 (4 mile) or £1.00 (1 mile).
- Entries:** FAO: Race Secretary, 1 Faircox Cottages, Faircox Lane, Henfield, West Sussex, BN5 9PD.  
Cheques payable to Henfield Joggers. For number return please enclose a stamped, addressed envelope. Closing date for postal entries is 22nd July 2018. Entries received after this date may be collected on the day.  
**Email: [sevenstiles@henfieldjoggers.co.uk](mailto:sevenstiles@henfieldjoggers.co.uk)**  
Athletes with disabilities wishing to enter the event are advised to discuss their entry with us first
- Results:** Will be available at [www.westsussexfunrunleague.org.uk](http://www.westsussexfunrunleague.org.uk)

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### Entry Form - Please complete using Block Capitals

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Delete as applicable: 4 mile course/Junior course

Delete as applicable: Male/Female/Junior (Under 15)

Age on race day:

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

Post code: \_\_\_\_\_

Phone No: \_\_\_\_\_ E-mail address: \_\_\_\_\_

West Sussex Fun Run League Club/Other Club: \_\_\_\_\_

DISCLAIMER: I declare that I am medically fit to compete in the event and I understand that I compete at my own risk. I confirm that the organisers shall not be liable for any accident, injury, loss or damage that may occur as a result of my participation

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature of parent, if runner under 16